

**School of Nursing  
The Presbyterian Hospital  
in the City of New York**



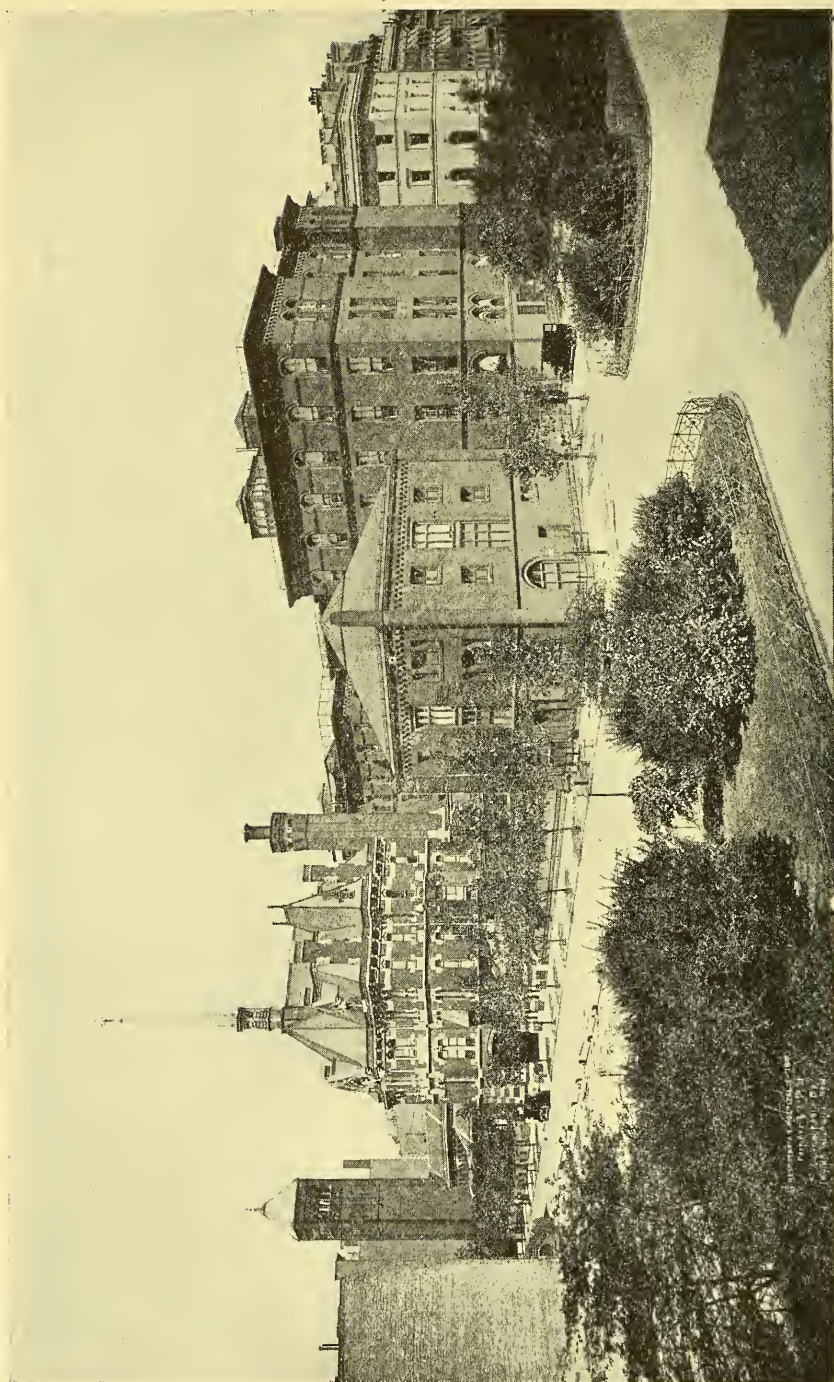
**Announcement  
1925**



School of Nursing  
The Presbyterian Hospital  
in the City of New York



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GENERAL VIEW OF THE HOSPITAL FROM PARK AVE.

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### *Director of the School of Nursing*

HELEN YOUNG, R.N.

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HELEN YOUNG, R.N.

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In the City of New York, Class '12

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### *Instructor*

ELEANOR LEE, R.N.

The Presbyterian Hospital School of Nursing  
In the City of New York, Class '20  
A. B. Radcliffe '18

## STAFF OF LECTURERS

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*Lecturer in Anatomy and Physiology*

JAMES GREENOUGH, M.D.

*Lecturer in Medical Nursing*

ARTHUR E. NEERGAARD, M.D.

*Lecturer in Surgical Nursing*

JOHN MUNN HANFORD, M.D.

*Lecturer in Pediatrics*

HOWARD H. MASON, M.D.

*Lecturer in Materia Medica*

FRANKLIN McC. HANGER, JR., M.D.

*Lecturers in Bacteriology*

GERALD S. SHIBLEY, M.D.

*Lecturers in Pathology*

BERYL H. PAIGE, M.D.

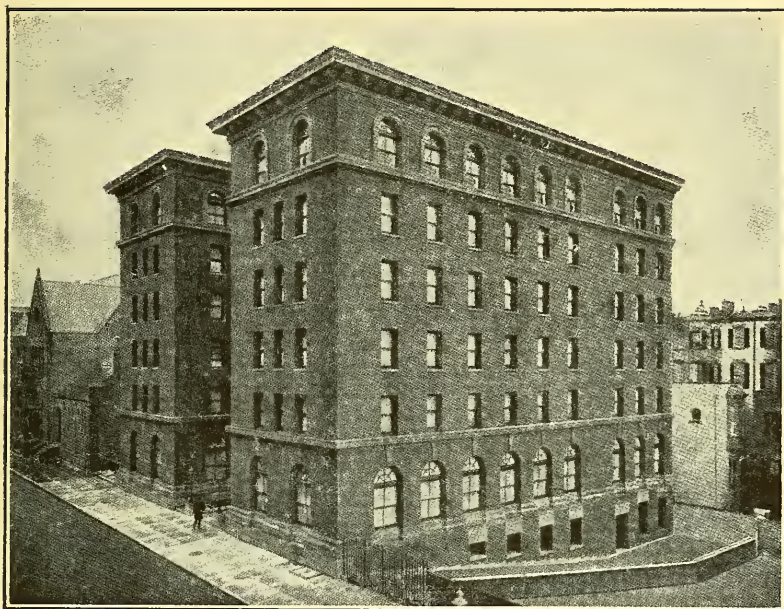
JOSEPH C. BELL, M.D.

*Lecturer in Dietetics*

KATE DAUM, Ph.D.

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Yearly arrangements are made for lectures in the special subjects mentioned in the course of study.



**Y**OUNG women in all parts of the country, as they finish their academic education, are becoming more and more anxious to take up some vocation or profession which will make their life worth while. Our High Schools, Private Schools and Colleges are all firing their graduates with this ambition. Consequently, we find a large group of young women between the ages of eighteen and twenty-four years looking for information concerning the best way to proceed to enter the nursing profession.

### **General Statement**

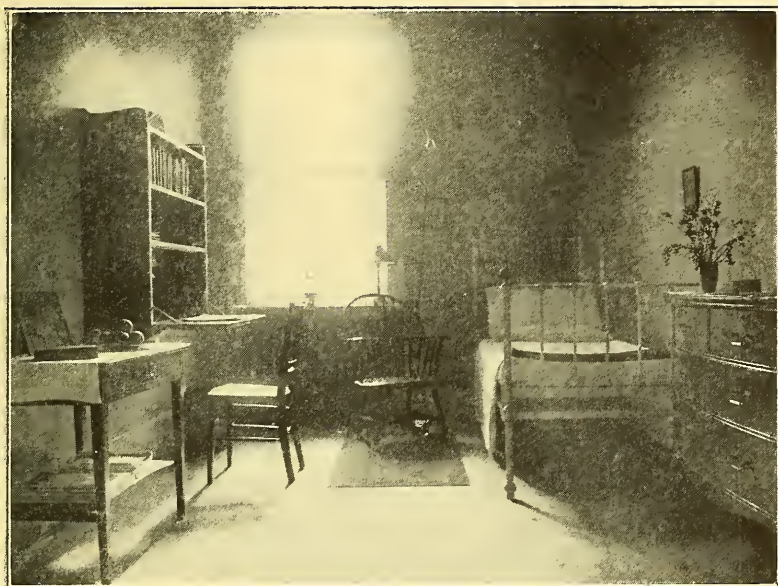
**T**HE Presbyterian Hospital in the City of New York is a well known general hospital, offering valuable opportunities for the clinical education of nurses. The Hospital was founded in 1868 by a group of New York gentlemen whose object was the establishment of an institution "for the purpose of affording medical and surgical aid and nursing to sick or



RECEPTION ROOM

disabled persons of every creed, nationality and color." Without in any way losing sight of the original purpose in founding the hospital, the Board of Managers has since added to this the responsibility of affording clinical education for the Medical students of the College of Physicians and Surgeons of Columbia University, and theoretical and clinical education for the students in the School of Nursing of the Presbyterian Hospital.

The School of Nursing was founded by the Board of Managers of the Presbyterian Hospital in 1892. As an integral part of the Hospital the School is under the same government, its requirements in detail being cared for by a School of Nursing Committee. Under Anna C. Maxwell, R. N., M. A., the founder and first director of the School, the plans for adminis-

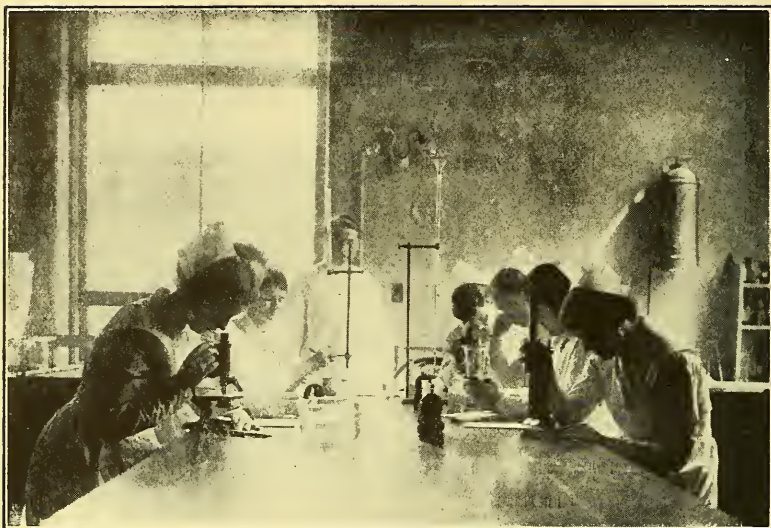


NURSE'S ROOM

tration and organization were established. It is the purpose of the Board of Managers to conduct a school such as will give to women, interested in nursing, instruction in the art of nursing, together with a thorough scientific background, thus preparing them not only for the personal care of the sick and instruction of students in schools of nursing, but also to serve the community through Public Health and Social Service organizations. The affiliation of the Hospital with the College of Physicians and Surgeons of Columbia University provides for the School of Nursing clinical instruction in medicine as applied to nursing under the direction of specialists in the various lines of work.

### **Theoretical and Practical Instruction**

THE course of instruction covers three years, being divided into Preliminary, Junior, Intermediate and



NURSE'S STUDYING

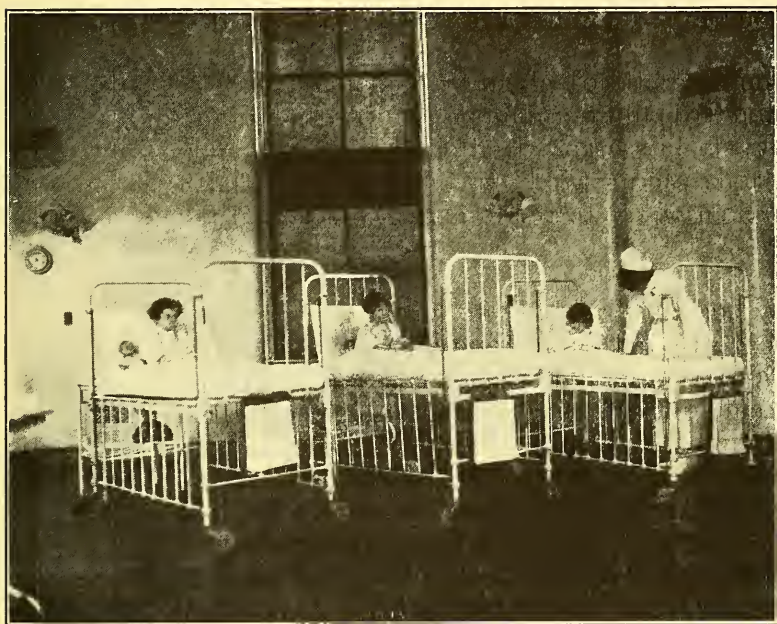
Senior terms. During the first three months of the Preliminary Term no duty on the hospital ward is required of the student. All the instruction, study and practice takes place in classrooms provided for this purpose. Following this period of intensive study, the student is gradually introduced to the general care of the sick in the wards. After two months of this latter duty the student is in a position to decide whether or not she is justified in choosing nursing as a profession. She is then given the opportunity of joining the Junior Class if she has met the requirements of the School. During the period in which she is a member of the School her instruction in classroom and in practical work on the wards will be continued coordinately.

### Equipment

LECTURE ROOMS, a demonstration room and a laboratory equipped for the teaching of the basic

sciences, together with clinical material necessary for teaching purposes are available for lectures and demonstrations. The study hall contains a well chosen reference library for use in connection with the instruction in nursing. To those requiring more advanced professional study the Janeway Library of the Hospital is available. Instruction in the fundamental processes of food preparation as applied to the requirements of the sick and convalescent and in the function and nutritive value of foods is given in a laboratory especially equipped for teaching purposes, under the direction of a properly qualified dietitian.

The practical experience in medical (including metabolism), surgical, gynaecological, children's nursing, operating room technique and Dispensary is gained in the wards of the Hospital. The theoretical instruction



BED-TIME IN CHILDREN'S WARD

and practical experience in obstetrical nursing is given in affiliating hospitals—Sloane Hospital for Women, Manhattan Maternity and Dispensary, and New York Nursery and Child's Hospital. During the senior year there is also open to a limited number of students wishing to prepare for Public Health, one of two courses. (1) A two months' course in the *Visiting Nursing and Social Service Department* of the Hospital under the direction of an instructor. (2) A four months' course in *Public Health Nursing* in connection with the *Henry Street Settlement*. In this latter course the Nursing and Health Department of Teachers College of Columbia University has arranged for theoretical instruction while the practical experience in field work is under the general supervision of the Henry Street Settlement. Both courses in their field work include the care of patients and families in the home. This tends to cultivate the adaptability of the student to meet and solve many sociological problems often so closely connected with her nursing.

To a limited number of Senior students is also available a three months' course in *Nervous and Mental Nursing, at Bloomingdale Hospital, for Mental and Nervous Diseases*, White Plains, New York. This is an education of special value to those contemplating Private Duty Nursing.

### Admission Requirements

CANDIDATES wishing to undertake this course of instruction are requested to apply to the Director of the School of Nursing for all desired information. If possible, a personal interview should be arranged for on Tuesday or Friday from 11:00 A.M. to 12:00 noon.

All candidates are required to make application in writing on the blanks furnished by the School. With

this application are to be forwarded to the Director of the School of Nursing (1) Personal Letter (see application blank). (2) Recommendations from two responsible persons who have known applicant for some time and can testify to the good moral character and qualifications of the individual suitable for this profession. (3) A physician's certificate (blank to be furnished by the school) testifying to the applicant's sound health and unimpaired faculties. (4) Certificate of vaccination. (5) Qualifying certificate (blank from Educational Department furnished by School of Nursing on application). An acknowledgment of the application will be sent when all the data required is at hand. An interval of time, probably a month, may elapse before the final decision is reached as to the admission of the applicant, as we reserve the right to select, from the candidates offering, those best qualified for the school.

Candidates must be between the ages of twenty and thirty-five years and in good physical condition. Every candidate is required to come prepared financially to return to her home in case she does not meet the academic and physical requirements of the school.

Arrangements have been made for the admission of two groups of students for the course leading to the professional diploma of the school, as follows:

1. Those candidates who have been graduated from High Schools or Private Schools giving a course of instruction equivalent to the High School course (including one year of chemistry) may enter for the three-year course.

2. Those candidates who have been graduated from approved colleges for women and who have included in their course of study the basic sciences relating to nursing education may enter for the professional diploma of the School of Nursing to

complete their course in two years and three months. This concession of one full academic year, or nine months of hospital service, is given in the belief that the college woman, having developed powers of observation and concentration by means of a good scientific training may be able in a shorter space of time to master the technical processes demanded in nursing.

The four basic sciences which should be represented in some form in the previous college work are as follows: Biology, chemistry, sociology and psychology—one year of each being the minimum requirement. Courses in nutrition, hygiene (including child-hygiene) and sanitation may be accepted as part of the biology requirement, courses in physics as part of the chemistry requirement and courses in ethics, child-psychology or education as part of the psychology requirement.

Arrangements are made for the student, entering with the nine months' credit for her college work, to attend all the lectures and classes of the school. It is necessary, however, to shorten some of her services in practical experience on the wards.

The granting of credit for previous education is done with the permission of the New York State Department of Education and does not in any way effect the standing of the diploma granted to these students. Candidates for the nine months' credit are required to submit a certificate of collegiate study on the blank from the Education Department, supplied by the School of Nursing, the same to be filled out and signed by some authorized officer of the college or university attended.

*All candidates are requested NOT to forward school diplomas.*

## **General Information**

### *Residence*

Florence Nightingale Hall, 37 East 71st Street, the residence of the School, is a fire-proof construction, connected with the Hospital by a subway and is provided with well-equipped classrooms and every facility for study, recreation and hygienic living. The necessity for increased accommodations is met by an annex to the residence provided in the vicinity of the Hospital.

### *Sessions*

Probationers are admitted in February for the spring session and in September for the winter session.

### *Expenses*

Entrance Fee—A tuition charge of seventy dollars (check to be made payable to Presbyterian Hospital), payable on entrance, is required of all students to cover the preparatory instruction. This fee will not be returned. No other tuition, laboratory or breakage fee is charged.

Students are allowed maintenance and a reasonable amount of laundry from date of entrance. The hospital also provides them with all text books, instruments, rubber heels, etc., during training. During the Preliminary term the student provides her own uniforms; after acceptance she wears the uniforms supplied by the school. The student is required to provide sufficient funds to purchase any special text books she may desire and also to meet her personal expenses throughout her course, such expenses depending entirely upon the habits and tastes of the individual.

### *Terms of Acceptance*

The Director of the School decides as to the pro-

bationer's fitness for the work and the proprietary of retaining or dismissing her at the end of the Preliminary Term, or at any time during the course. During the second six months (the Junior Term) the record of each student is carefully noted and if found unsatisfactory, the Director may terminate the connection of the student with the school. She may also, with the approval of the Committee of the School of Nursing, terminate a student's connection at any subsequent time, for inefficiency, misconduct, neglect of duty, failure to pass an examination or inability to develop qualities essential for the profession she desires to enter.

### *Religion*

The school is non-sectarian, but all students are required to be present at Morning Prayers. Hours on duty are so arranged that students may attend the place of worship they prefer at least once on Sunday.

### *Schedules for Hours on Duty*

During the Preliminary Term the student is engaged in class work for the first four months with no general duty in the Hospital. The schedule covers fifty-six hours per week (eight hours a day) and is composed of lecture, laboratory, class, practice and study periods. During the remainder of the term the student is sent to the wards for fifty-two hours per week (a little less than eight hours a day).

For the remainder of the course the following schedule is in force:

Day duty—52 hours per week (less than 8 hours a day).

Night duty—56 hours per week (8 hours a day).

### *Vacation*

A period of four weeks' vacation is allowed each student twice during the three-year course (*i.e.*, end of first and second years). To those students entering

with nine months credit for their college degree only one period of four weeks is allowed. The date at which such vacations are given is subject to the necessities of the School and Hospital.

### *Illness*

All students when ill are cared for by the Hospital and treated professionally by the Physician or Surgeon of the School gratuitously, a member of the Medical and Surgical staff being on duty every day for the School of Nursing. Time lost through illness in excess of fifteen days during the entire course must be made up. All time lost for any other cause whatsoever must be made up.

Should the Faculty of the School decide that, through time lost, the theoretical work has not been sufficiently covered to permit the student to continue in that year, it will be necessary for her to continue her work with the next class.

### *Examinations*

Examinations, written and oral, are held at the completion of each individual course. Failure to make a satisfactory pass mark at these examinations will be sufficient reason for asking student to take course over.

The general standing of the student is based not only upon the result of these examinations but also upon class work, the character of the work in the Hospital and daily life and deportment. Failure to maintain a satisfactory general standard will be considered a sufficient reason for terminating her connection with the school.

### *Graduation*

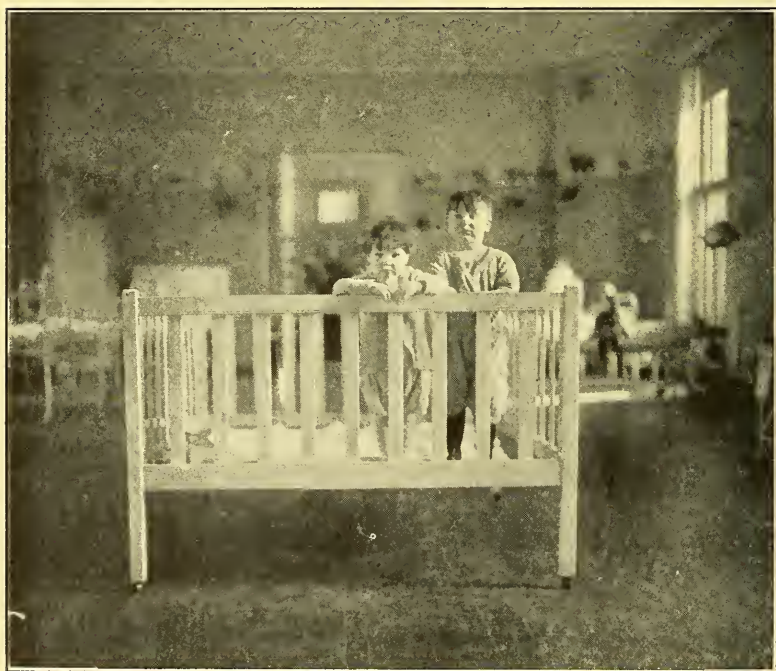
The diploma of the School is awarded to those who have passed all examinations and completed satisfactorily the full term of training. This diploma admits the graduates to membership in the Alumnae Associa-

tion of the School of Nursing of the Presbyterian Hospital in the City of New York. She is thus a member of the American Nurses' Association and eligible for membership in the American Red Cross Nursing Service.

### *Registration*

A Registered School is one that meets the requirements of the State law, and having met these requirements its students are eligible for the Board of Regents. These examinations are held three times a year (January, May and September) under the direction of the Department of Education of New York State.

The School of Nursing of Presbyterian Hospital is registered in New York State and its graduates are thus eligible for registration. Arrangements are made through the School Office for the senior class to go up for these examinations when they receive the diploma of the school.



PLAY PEN

# PLAN OF INSTRUCTION

## ANATOMY

### AND

## PHYSIOLOGY

### JUNIOR YEAR—PRELIMINARY TERM

A study of the structure and functions of the normal body from the standpoint of nursing.

Laboratory work includes drills, dissections and demonstrations.

75 hours ..... 3 pts.

## BACTERIOLOGY

A study of micro-organisms, particularly as they affect the human body—methods and conditions of growth—sources and modes of infection, etc. The common pathogenic bacteria, their portals of entry and exit, habits of growth and relation to problems of sanitation, are studied.

Laboratory work includes preparation of cultures, microscopic work, disinfection and sterilization of dressing, etc.

16 hours ..... ½ pt.

## HYGIENE

Causes of disease in general. Conditions necessary to health. Water supply; air and ventilation; disposal of wastes; production of food supplies. Practical household hygiene, principles of personal hygiene—bathing, food, rest and sleep, exercise, care of feet and hands, teeth, etc.

15 hours ..... ½ pt.

## CHEMISTRY

A study of the elements and their common chemical combinations, especially related to food and cooking processes, to cleansing processes, disinfection and *Materia Medica*; physical principles underlying nursing procedures, conservation and transformation of energy, ventilation, heating, reduction of temperature, gas and electric apparatus, etc.

Laboratory work includes demonstrations and experiments.

25 hours ..... 1 pt.

## COOKERY

### AND

## DIETETICS

A study of food, sources, classification, composition, nutritive value, combinations, preparation and serving. Special emphasis on invalid foods and dietaries.

Laboratory work in the diet kitchen both in class and regular service.

70 hours ..... 4 pts.

## HOUSEHOLD ECONOMY

A study of the general plan of a hospital—special details of construction and equipment as related to efficiency of service—interior furnishings and finishings—heating and ventilating systems, lighting and plumbing systems. Cleaning processes, disposal of garbage and waste, means of extermination of household pests, purpose and plan of laundry, linen and sewing room, system of linen distribution, etc.

10 hours .....  $\frac{1}{2}$  pt.

## ELEMENTARY MATERIA MEDICA INCLUDING SOLUTIONS

A study of the more common drugs; the terms and symbols used in *Materia Medica*; the general classification of drugs according to their therapeutic action, the accurate weighing and measurement of drugs; standard solutions and the more common pharmaceutical preparations used in the wards. Lecture and laboratory work.

24 hours ..... 1 pt.

## NURSING ETIQUETTE

This course deals with the present scope of nursing, the relation of the hospital to the community, etc.; the attitude of the nurse toward various problems, the patients, the physician and other nurses. Hospital etiquette and discipline; principles of self-government.

12 hours .....  $\frac{1}{2}$  pt.

## PRINCIPLES AND PRACTICE OF NURSING

This course deals with the simpler nursing procedures and the principles underlying nursing processes, including introduction to the symptoms of disease, methods of observation, etc. The practical work includes care of patients' surroundings, bed-making, baths, simple treatments, etc.

Laboratory work in demonstration room or on wards under direct supervision.

120 hours ..... 2 pts.

## PRINCIPLES OF ELEMENTARY MASSAGE

A study of the history of massage, nomenclature, and fundamental manipulations—their physiological effect and therapeutic uses. Class practice of simple examples of the various manipulations—general and local massage.

24 hours ..... 1 pt.

## JUNIOR YEAR—SECOND HALF

### ELEMENTS OF PATHOLOGY

A study of the principal causes leading to disease; the nature of disease processes; the meaning of terms used in describing pathological conditions, and the importance of the various methods of clinical diagnosis. An understanding of the diagnostic measures will enable the nurse to observe symptoms more accurately, to apply treatments with more intelligence, and to cooperate with greater satisfaction with the physician and the pathologist in tests and experiments instituted in the treatment of patients in the wards.

16 hours ..... 1 pt.

### ELEMENTS OF PSYCHOLOGY

A brief survey of the principles underlying human behavior. An attempt is made to teach the student to make better adjustments in every day life through a sympathetic and impersonal understanding of the motives of conduct. Lectures by a nurse instructor.

16 hours .....  $\frac{1}{2}$  pt.

### ELEMENTARY BANDAGING

This course is planned to give a comprehension of the fundamental principles of good bandaging as a basis for all future practice in connection with surgical and orthopedic work, to develop a fair degree of manual dexterity and skill in the application of the simpler bandages.

7 hours .....  $\frac{1}{2}$  pt.

### MEDICAL NURSING

A study of the causes, symptoms, prevention and treatment of the various types of medical diseases. Lectures by a physician, followed by classes and demonstrations by a nurse instructor of the nursing procedures in the treatment of each type of disease.

22 hours ..... 1 pt.

### SURGICAL NURSING

A study of the nature, causes, symptoms and treatment of the principal surgical diseases. Lectures by a surgeon, followed by classes and demonstrations as in Medical Nursing. Special emphasis on necessary surgical technique.

30 hours ..... 1 pt.

**MATERIA  
MEDICA**

A continuation of the study of drugs from the standpoint of their therapeutic action, emphasizing the accurate and intelligent administration of medicines, and the observation and reporting of results. Lectures by a physician, followed by classes by nurse instructor.

20 hours .....1 pt.

**NURSING  
ETIQUETTE**

A continuation of the study of hospital etiquette and discipline.

5 hours ..... pt.

**INTERMEDIATE YEAR**

**DISEASES  
OF INFANTS  
AND  
CHILDREN**

This course deals with the symptomatology and pathology of infants and children—hereditary defects—nutritional diseases—communicable diseases of childhood, and the care of infants and children, including feeding problems.

20 hours .....1 pt.

**GYNECOLOGI-  
CAL NURSING**

A study of both medical and surgical aspects of gynecological diseases, the pathology of the pelvis, treatments, operations, etc. Classes follow each lecture with demonstration of the procedures related to the subject of the lecture.

5 hours ..... pt.

**OPERATING  
TECHNIQUE**

This course deals with the organization and the administration of the operating service, the equipment of the operating room, care of instruments, etc. Preparations of materials, sterilization, preparation for the various operations, and principles of anesthesia are dealt with briefly. Practical classes conducted by nurse in charge of Operating Room and anesthetist, with discussion by class of important points.

8 hours .....1½ pt.

**COMMUNI-  
CABLE  
DISEASES**

A study of the nature of the principal infectious diseases, the importance of the early recognition of symptoms, and methods of nursing, especially along preventive lines. The social and economic aspects of the question of preventable diseases, and the nurse's responsibility and opportunities for educative work are stressed.

10 hours .....  $\frac{1}{2}$  pt.

**EYE, EAR,  
NOSE AND  
THROAT**

Lectures dealing with the care and treatment of the eye, ear, nose and throat in normal and abnormal conditions, are given as a basis for further specialization in the field, followed by classes and demonstrations of nursing procedures.

4 hours ..... pt.

**HISTORY OF  
NURSING**

A study of nursing history to cultivate an understanding and appreciation of nursing traditions and ideals, the stages of development through which nursing has passed, the people and influences which have moulded the profession to its present form.

10 hours ..... 1 pt.

**SENIOR YEAR**

**MENTAL  
AND  
NERVOUS  
DISEASES**

Lectures and classes dealing with the relationship between mental and physical illness, and the application of general nursing principles to mental nursing. The underlying causes of mental disease with modern methods of treatment available both in hospitals and in the community are emphasized.

10 hours .....  $\frac{1}{2}$  pt.

**OCCUPATION-  
AL, SKIN  
AND  
VENEREAL  
DISEASES**

Lectures discussing the outstanding features of the diseases in question with special emphasis on their social significance in order to secure the interest and cooperation in remedying the social and economic causes which contribute so largely to their development.

2 hours ..... pt.

**SURVEY OF  
THE NURSING  
FIELD, IN-  
CLUDING A  
STUDY OF  
PROFESSIONAL  
PROBLEMS**

Lectures given by special lecturers representing different fields of nursing service, setting forth their main problems and responsibilities. This course has as its object the introduction of the pupil nurse to the varied branches of nursing, in order that she may select with greater intelligence, the particular field in which she is likely to find the maximum of interest and success. Included in this course are the lectures on Social Science.

15 hours .....1½ pt.

**SPECIAL  
PROBLEMS  
IN DISEASE**

This course is planned to give to senior students an opportunity for more advanced study of disease conditions, co-ordinating the various aspects, pathology, therapeutics, nursing measures, etc., previously studied as separate subjects, and emphasizing the newest phases of development in treatment, etc.

10 hours .....1½ pt.

**ANATOMY  
AND  
PHYSIOLOGY**

A review of the principal points presented in the course given in the preliminary term, relative to the structure and functions of the human body, with greater emphasis upon pathological conditions.

6 hours ..... —

**OBSTETRICAL  
NURSING**

Lectures and clinics by an obstetrician; classes and demonstrations by nurse in charge; given in affiliating hospitals: Sloane Maternity, Manhattan Maternity, and New York Nursery and Child's Hospital.

18 hours .....1 pt.

**SPECIAL  
LECTURES**

Anaesthesia.  
Occupational Therapy.

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